



GIPPEC

Global Institute of Psychosocial,
Palliative & End-of-Life Care

SYMPOSIUM SERIES

Palliative Care for All

A GIPPEC Symposium on Palliative and End-of-Life Care for Muslims

FULLY AFFILIATED WITH:



UNIVERSITY OF
TORONTO



UHN Princess
Margaret
Cancer Centre

SUPPORTED BY:

The Princess Margaret
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WELCOME

Dear Participants:

We are delighted to welcome you to ***Palliative Care for All – A GIPPEC Symposium on Palliative and End-of-Life Care for Muslims.***

The symposium will take an interactive format to describe the current state of palliative and end-of-life care, drawing on the ethical and religious perspectives of end-of-life care for Muslims, knowledge gaps and inequality. Participants will engage in a panel discussion to strategize on improving access to palliative and end-of-life care and join facilitated discussions to discuss what can be done in the areas of policy, education and research. We hope you will enjoy the talks, the discussion and this opportunity to engage with colleagues and the community to address this pressing issue for the Muslim community.

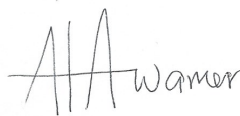
GIPPEC is devoted to promoting and developing interdisciplinary research that addresses the medical, psychological, social, legal, ethical, cultural and religious problems related to psychosocial and palliative care of individuals with advanced and terminal disease.

For more information about upcoming events and how to get involved, please visit us on the web (www.gippec.org) and follow us on Twitter (@gippec).

Sincerely,



Gary Rodin, MD
Director, GIPPEC



Ahmed al-Awamer, MD
Symposium Director

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AGENDA

8:00-8:30	Registration & Networking (coffee and tea will be served)
8:30-8:40	Introduction and Welcome Gary Rodin, Director GIPPEC and Ahmed al-Awamer, Palliative Care Physician
8:40- 9:25	Religious and Ethical Issues on End-of-Life Care for Muslims Abdulaziz Sachedina, Professor and IIIT Chair in Islamic Studies, George Mason University
9:25- 9:45	End of life is not the end of life: Reflecting on my experience with Muslim patients at the end of their life Abdullah Aljouidi, Chair of Ethics Committee, Imam Abdulrahman Bin Faisal University, Saudi Arabia
9:45- 10:35	Keynote Speaker: Islamic Theological Constructions of Human Dignity and Quality-of-Life: Implications for Decision-Making and Healthcare Near the End-of-Life Aasim Padela, MD Director, Initiative on Islam and Medicine; Associate Professor, the University of Chicago
10:35-10:50	Break
10:50-11:20	Advance Care Planning Ahmed Al-Awamer, Palliative Care Physician and Ebru Kaya, Palliative Care Physician
11:20-11:50	OPCN Update and Adopting Culturally Sensitive Care Ahmed Jakda, Provincial Clinical Co-Lead, Ontario Palliative Care Network
11:50- 12:15	Hydration and Nutrition at the End-of-Life Shabbir Alibhai, Senior Scientist and lead of the Older Adults with Cancer Clinic, UHN
12:15-1:15	Lunch
1:15-1:45	Palliative Care for Muslims: Diversity and Gender Consideration Shahina Siddiqui, Executive Director of the Islamic Social Services Association
1:45 -2:20	Reflecting in Knowledge Gaps and Healthcare inequities in Palliative and EOL Care for Muslims Aasim Padela, MD Director, Initiative on Islam and Medicine; Associate Professor, the University of Chicago
2:20-2:30	Patient Story
2:30-3:15	Panel Discussion – Strategies to Improve Palliative Care for Muslims <ul style="list-style-type: none"> Aasim Padela, MD Director, Initiative on Islam and Medicine; Associate Professor, the University of Chicago Abdul Sachedina, Professor and IIIT Chair in Islamic Studies, George Mason University Ebru Kaya, Palliative Care Physician, Toronto General Hospital, UHN Shahina Siddiqui, Executive Director of the Islamic Social Services Association Shabbir Alibhai, Senior Scientist and lead of the Older Adults with Cancer Clinic, UHN Moderator: Ahmed al-Awamer, Palliative Care Physician, Princess Margaret Cancer Centre, UHN
3:15-3:30	Break
3:30- 4:50	Small group discussion
4:50-5:00	Closing

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SPEAKERS

Palliative Care for All

A GIPPEC Symposium on Palliative and End-of-Life Care for Muslims



Dr. Gary Rodin

Gary Rodin is the Joint University of Toronto/University Health Network Harold and Shirley Lederman Chair in Psychosocial Oncology and Palliative Care and is Head of the Department of Supportive Care at the Princess Margaret Cancer Centre in Toronto. Dr. Rodin is the Director of the Global Institute of Psychosocial, Palliative and End-of-Life Care (GIPPEC) and a Professor of Psychiatry at the University of Toronto. He is a clinician-investigator who has published widely on the psychiatric and psychosocial aspects of cancer and other medical illnesses. Under his leadership, the Department of Supportive Care at the Princess Margaret has now achieved an international reputation for its academic and clinical excellence. Dr. Rodin has authored texts on Depression in the Medically Ill, and on the Psychiatric Aspects of Transplantation and is currently leading research on the psychological impact of advanced and terminal disease in affected patients and their families.



Dr. Ahmed al-Awamer

Dr. al-Awamer is an Assistant Professor in the Department of Family and Community Medicine at the University of Toronto. He is a physician and educator in the Department of Supportive Care at Princess Margaret Cancer Center in Toronto, Canada. After completing his medical degree, Dr. al-Awamer obtained a Master of Health Science (MHSc) degree in bioethics from the University of Toronto. In his various roles, Dr. al-Awamer directs the PM oncology palliative care fellowship program and leads education at the Princess Margaret Cancer Center, Canada's largest academic cancer center. He is the head of the Curriculum Committee at the University of Toronto's palliative medicine residency program (YAC). He has published and delivered conference papers nationally and internationally about palliative care and ethics. Dr al-Awamer's research focuses on developing and transforming palliative care model for Muslims and palliative care education.

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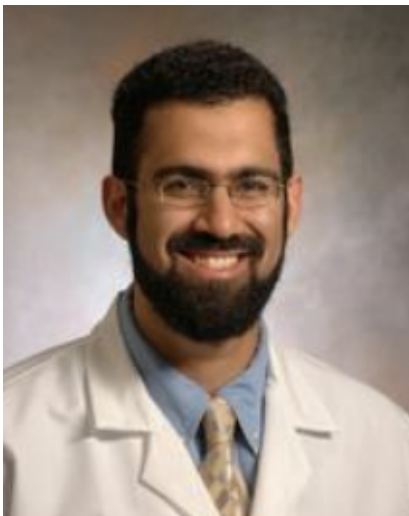
Dr. Abdulaziz Sachedina

Abdulaziz Sachedina, Ph.D., is Professor and IIIT Chair in Islamic Studies at George Mason University in Fairfax, Virginia. Dr. Sachedina, who has studied in India, Iraq, Iran, and Canada, obtained his Ph.D. from the University of Toronto. He has been conducting research and writing in the field of Islamic Law, Ethics, and Theology (Sunni and Shiite) for more than two decades. In the last ten years he has concentrated on social and political ethics, including Interfaith and Intrafaith Relations, Islamic Biomedical Ethics and Islam and Human Rights.



Dr. Abdullah Aljoudi

Abdullah Aljoudi, MD is a Consultant in Family and Community Medicine, Chair of the Ethics Committee, Head of the Research Support Unit, and Assistant Director of Academic Affairs at King Fahd Hospital of the academic medical center of Imam Abdulrahman Bin Faisal University. He received a MBBS degree from King Faisal University, a diploma in Epidemiology from King Saud University, Arab board certificate in Community Medicine, Clinical Teacher Certificate from the University of Toronto, and Bioethics Fellowship from Harvard Medical School. He has published in peer-reviewed journals including the Lancet and contributed to the Encyclopedia of Islamic Bioethics. He is interested in discovering the similarity and differences between secular and Islamic bioethics in theory and practice.



Dr. Aasim Padela

Dr. Aasim Padela is the Director of the Initiative on Islam and Medicine, Associate Professor of Medicine in the Section of Emergency Medicine, and a faculty member of the MacLean Center for Clinical Medical Ethics at the University of Chicago. Dr. Padela is a clinician-researcher and bioethicist whose scholarship lies at the intersection of community health and religion. He utilizes diverse methodologies from health services research, religious studies, and comparative ethics to examine the encounter of Islam with contemporary biomedicine through the lives of Muslim patients and clinicians, and in the scholarly writings of Islamic authorities. Through systematic research and strategic interventions, he seeks (1) to improve American Muslim health outcomes and healthcare experiences, and (2) to construct a multidisciplinary field of Islamic bioethics.



Dr. Ebru Kaya

Ebru graduated from Guy's and St. Thomas's Hospitals Medical Schools, London, UK in 1998 and entered her career in internal medicine and later went on to specialize in palliative care. She has been working at UHN since 2007. She is currently the site lead physician for palliative care at Toronto General Hospital and education co-lead for the clinical fellowship program in palliative care at UHN. She is the Hospice Palliative Care Ontario – Advance Care Planning co-lead for the Toronto Central LHIN and is a Director-at-Large for the Canadian Society of Palliative Care Physicians. She participates in numerous committees and has extensive publications and presentations at local, provincial, national and international conferences.



Dr. Ahmed Jakda

Dr. Ahmed Jakda is the Provincial Clinical Co-Lead with the Ontario Palliative Care Network, the principle advisor to the Ministry of Health and Long-Term Care on Palliative Care. He is also a family physician who specializes in palliative care. He completed his training in Family Medicine and Fellowship in Palliative Care at The Ohio State University. He is dual board certified in family medicine and palliative care, through the American Board of Hospice Palliative Medicine, and the College of Family Physicians of Canada. His clinical practice is located in the Grand River Regional Cancer Centre in Waterloo-Wellington. He is an Associate Clinical Professor with McMaster University and the University of Western Ontario, and has research interests in system policy, data analytics, and change management.



Dr. Shabbir Alibhai

Dr. Alibhai completed medical school training in 1993 and went on to specialize in internal medicine and geriatric medicine. He obtained a Master's in Clinical Epidemiology, all at the University of Toronto. He is currently on staff as a geriatrician and researcher at the University Health Network and a previous Research Scientist of the Canadian Cancer Society. As of June 2015, he is the Medical Lead of the Older Adults with Cancer Clinic at Princess Margaret Cancer Centre. He is also an Associate Professor in the Department of Medicine, the Institute of Health Policy, Management, and Evaluation, and the Institute of Medical Sciences at the University of Toronto. He has a long-standing personal and educational interest in religious biomedical ethics, focusing on end of life issues and comparative bioethics. He has lectured internationally and published articles and book chapters on

Islamic and comparative religious biomedical ethics as well as on artificial nutrition and hydration. He has been featured in multiple media interviews, has helped produce materials on conscientious objection around physician-assisted suicide, and is a local expert on Islamic bioethical issues. His primary research interest is in cancer in older adults.



Shahina Siddiqui

Shahina Siddiqui is the founder and Executive Director of the Islamic Social Services Association based in Winnipeg and the Chair of Islamic History Month Canada.

Shahina is active in the community as a member of the RCMP Commissioner's National Advisory Committee on Diversity as well as the RCMP Commanding Officers' Diversity Committee, D-Division in Manitoba. She has served with several NGOs and community organizations in Winnipeg. In addition to her work with various organizations, Shahina contributes as a freelance writer, spiritual counsellor and public speaker.

Readings of Interest

1. Suffering and Bioethics, Chapter 15: Human Suffering Through Illness in the Context of Islamic Bioethics, Pages 296-308, Oxford University Press, Abdulaziz Sachedina
2. Religious Health and Suffering, Can God Inflict Unrequited Pain on His Creatures? Muslim Perspectives on Health and Suffering, Pages 65-85, Kegan Palu International, Abdulaziz Sachedina
3. End-of-Life: the Islamic view, The Lancet 2005; 366: 774-79, Abdulaziz Sachedina
4. Ethics of Palliative Sedation and Medical Disasters: Four Traditions Advance Public Consensus on Three Issues, William Joseph Buckley, Daniel P. Sulmasy, Aaron Mackler, Abdulaziz Sachedina
5. Islamic Biomedical Ethics Principles and Application, Chapter 6 Death and Dying, Pages 145-171, Oxford University Press 2009, Abdulaziz Sachedina
6. The Duty to Feed in Cases of Advanced Dementia - Scientific Challenges and a Proposed Islamic Ethical Response, Journal of Religious Ethics 2008, Pages 37-52, Shabbir M. H. Alibhai
7. Ethical Obligations and Clinical Goals in End-of-life Care: Deriving a Quality-of-Life Construct Based on the Islamic Concept of Accountability Before God (Taklīf), The American Journal of Bioethics, Pages 3-13, Aasim Padela, Afshan Mohiuddin
8. Islamic Perspective on Clinical Intervention Near the End-of-Life: We can but must we?, Med Health Care and Philos, Aasim Padela, Omar Qureshi
9. Brain Death in Islamic Ethico-Legal Deliberation: Challenges for applied Islamic bioethics, Bioethics, Aasim Padela, Ahsan Arozullah, Ebrahim Moosa

Articles can be obtained by emailing GIPPEC@uhn.ca

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